



## **Student Assistance Program FY-2012 - 2013 Mental Health-Drug and Alcohol Statistical Data**

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The Student Assistance Program (SAP), which operates in all 500 school districts throughout the Commonwealth, is designed to identify and intervene with students in the early stages of substance abuse, mental health and other problem behaviors, which affect the students health and academic performance. Core teams composed of school personnel and community professionals from the fields of drug and alcohol and mental health, serve as the point of contacts to provide consultations for students and their families' and determine if an assessment is warranted to further evaluate the need for school and community based treatment and support services.

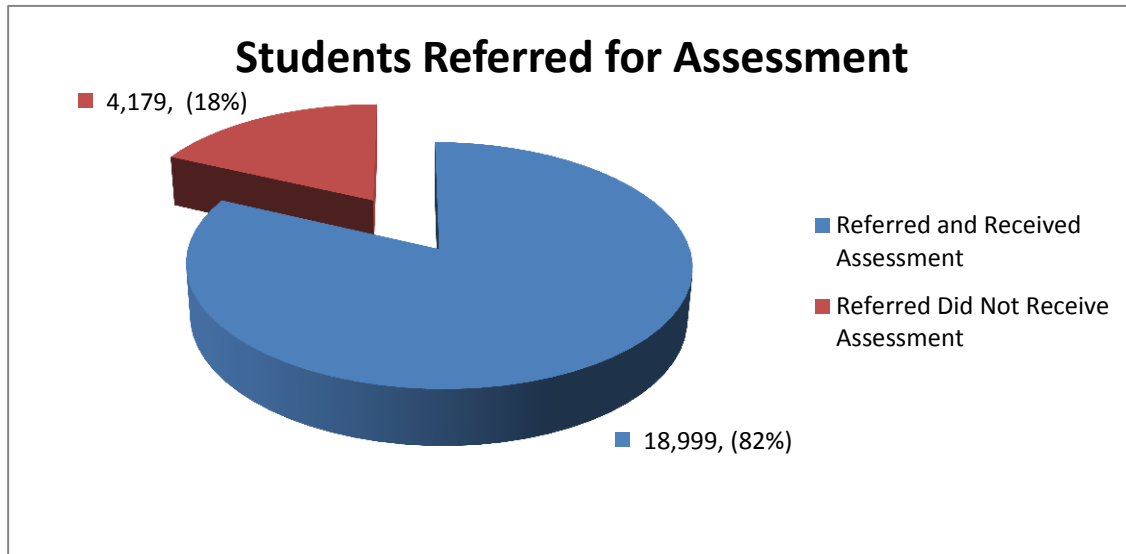
When a student is referred for assessment to an approved SAP provider and findings indicate that the student is experiencing a mental health or substance abuse problem, a referral is made to get appropriate treatment and support services for the student. Core teams continue to monitor students' behavior and progress, through teacher reports and parent involvement and provide subsequent interventions accordingly.

This report provides a statistical profile of the FY-2012 - 2013 SAP assessment, consultation and treatment services delivered by the Pennsylvania Departments of Drug and Alcohol Programs, Division of Prevention and Intervention/Bureau of Treatment, Prevention & Intervention and Public Welfare and the Office of Mental Health and Substance Abuse Services (OMHSAS) through its network of 47 Single County Authorities (SCAs), 48 County Mental Health/Intellectual Disabilities Programs, and contracted providers. The data contained in this report is assembled from multiple reports maintained and administered as a collaborative effort through the PA Network for Student Assistance Services (PNSAS) by the PA Department of Public Welfare's Office of Mental Health and Substance Abuse Services, the PA Department of Drug & Alcohol Programs' Division of Prevention and Intervention and the PA Department of Education's Office of Safe Schools.

The reporting system from which a majority of the data is drawn is in its sixth year of data collection. Having historical data allows for year to year comparisons to aid in identifying trends. In addition to conducting comparative analysis, historical data provides insight as to whether data is consistently reported year to year. The report includes graphs of historical comparative data which function as an effective tool to present information quickly and easily and allow users to have a visual representation of trends.

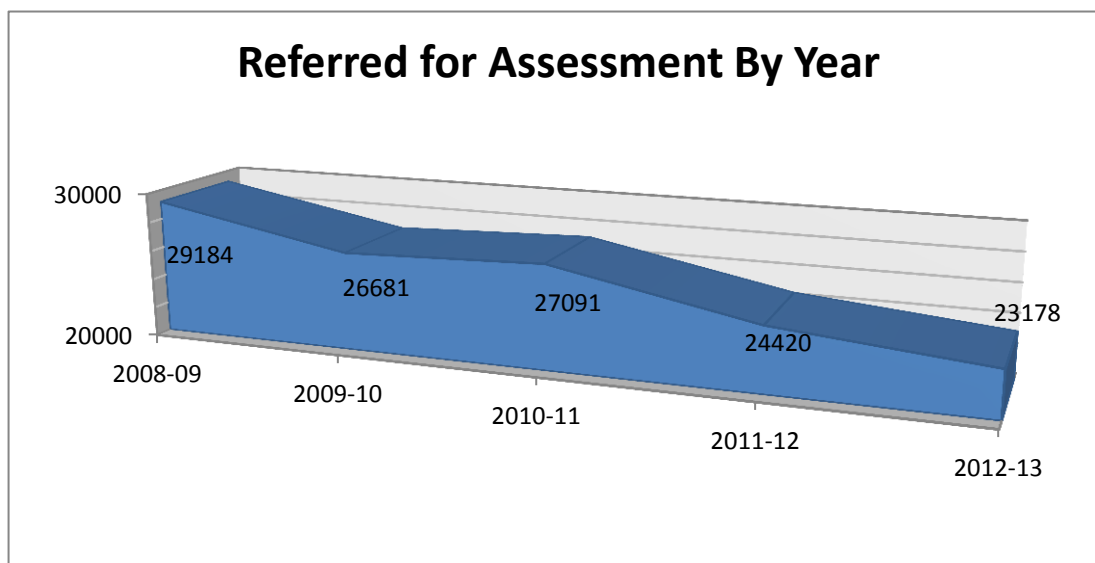
### Students Referred for Assessment

In FY 12/13, 65,989 students state wide were referred to school SAP core teams. Of those students 23,178 students were referred for drug and alcohol or mental health assessments. Of those students referred for assessment, 18,999 or 81.975% were assessed and 4,179 or 18.03% were not assessed. (See chart below.)



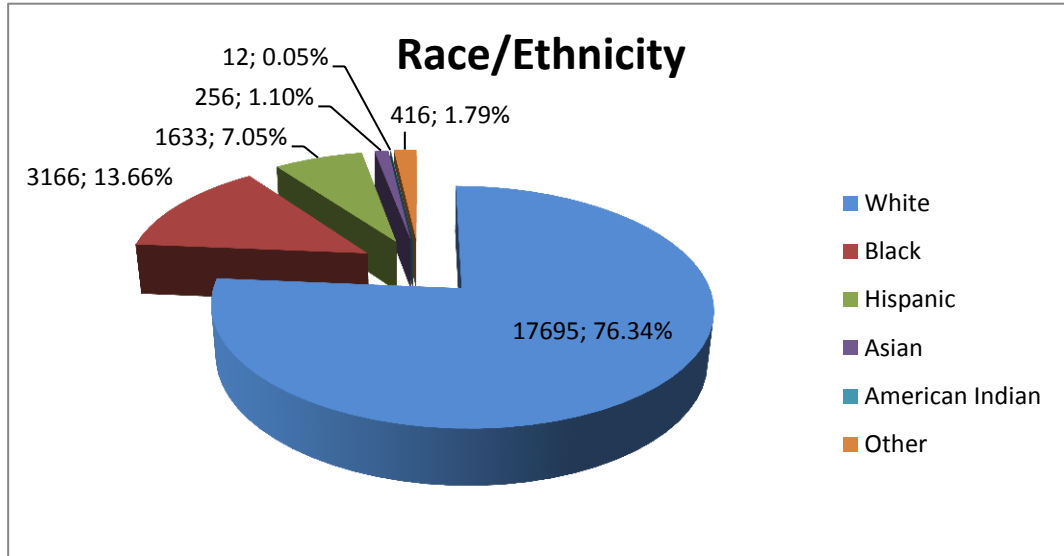
### Students Referred for Assessment Year by Year Comparison

The total number of students referred for assessment for the 2008-2009 reporting year was 29,184, 2009-2010 consisted of 26,681 referrals, 2010-2011 had 27,091 student referrals, 2011-2012 had 24,420 referrals and 2012-2013 resulted in 23,178 referrals.



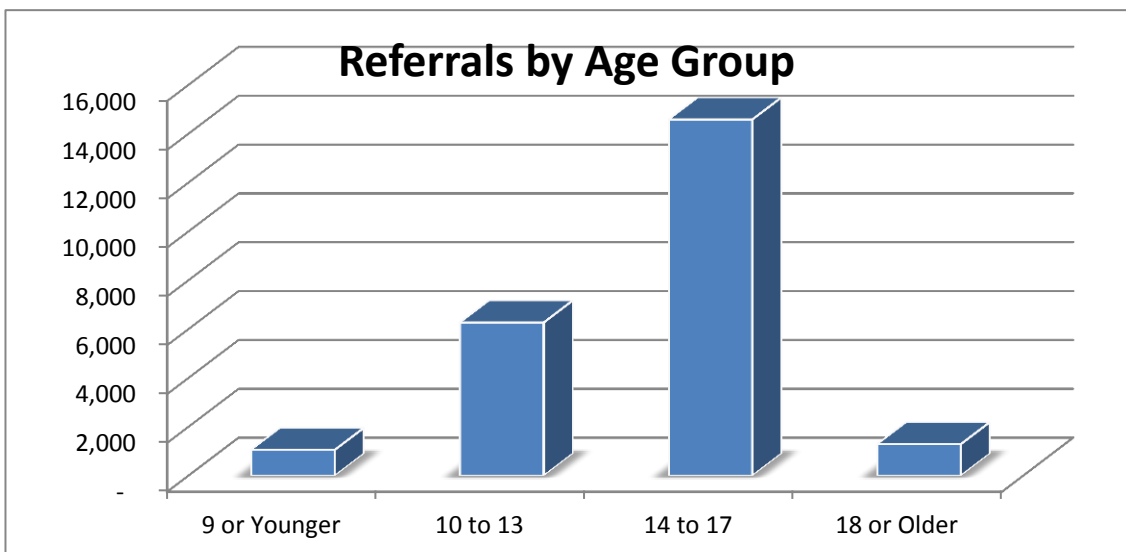
## Race/Ethnicity

The Race/Ethnicity of students referred for assessment were 17,695 White (Non-Hispanic), 3,166 Black (Non-Hispanic), 1,633 Hispanic, 256 Asian, 12 American Indian and 416 reporting Other Race. (See chart below.)



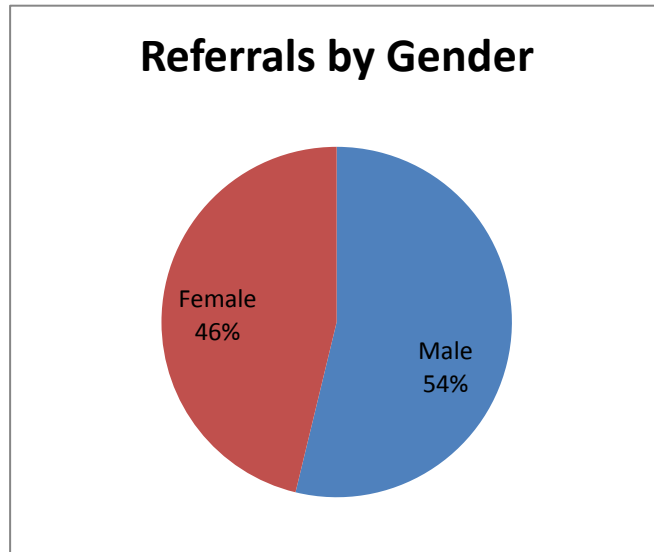
## Age Group

The Age group of students referred for assessment was 1,052 or 4.54% for students age 9 yrs or younger; 6,265 or 27.03% for students age 10 yrs to 13 yrs old; 14,578 or 62.90% for students age 14 yrs to 17 yrs old; and 1,283 or 5.54% for students age 18 yrs old or older. (See chart below.)



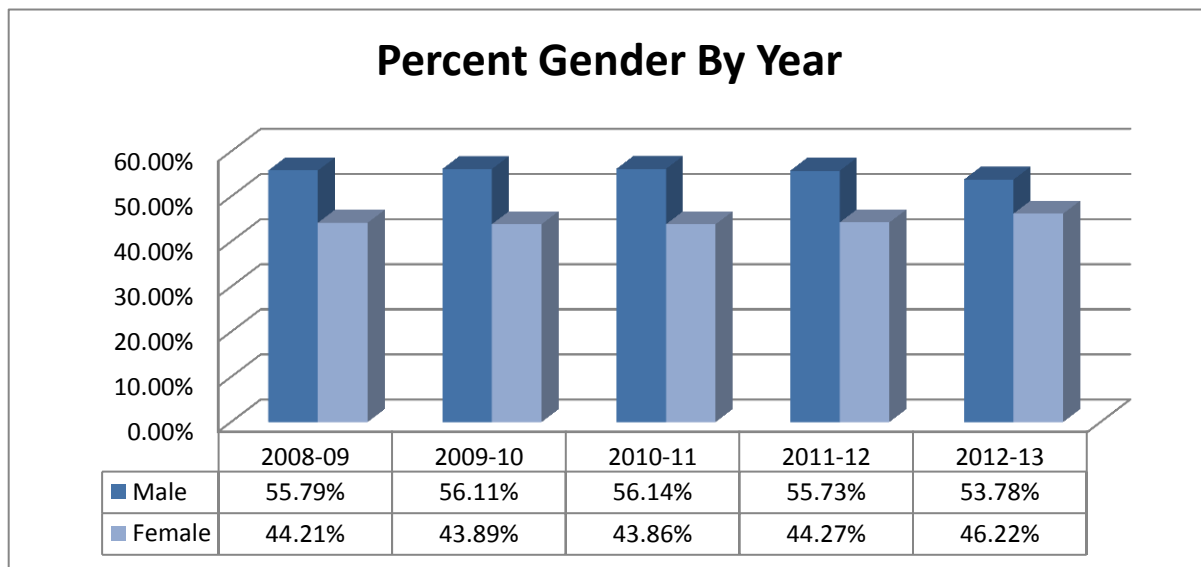
## Referrals by Gender

The Gender make up of students referred for assessment was 12,464(53.78%) Male and 10,714 (46.22%) Female.



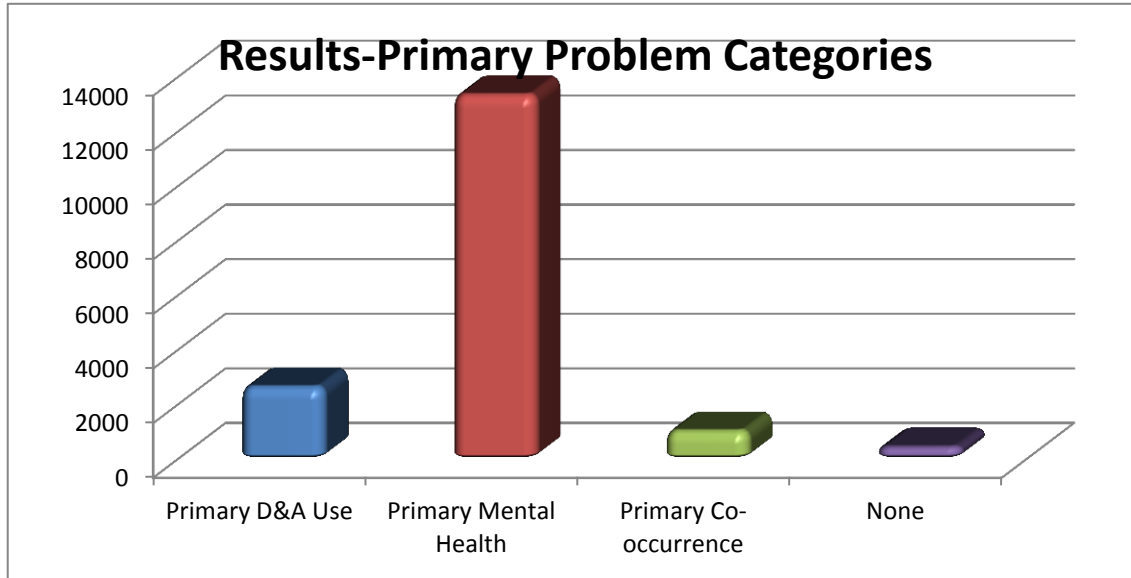
## Historical Comparison of Referrals by Gender

The percent of males and females referred for assessment was consistent throughout the 2008-2013 timeframe with 55.51% of referrals consisting of male students and 44.49% comprised of female students.

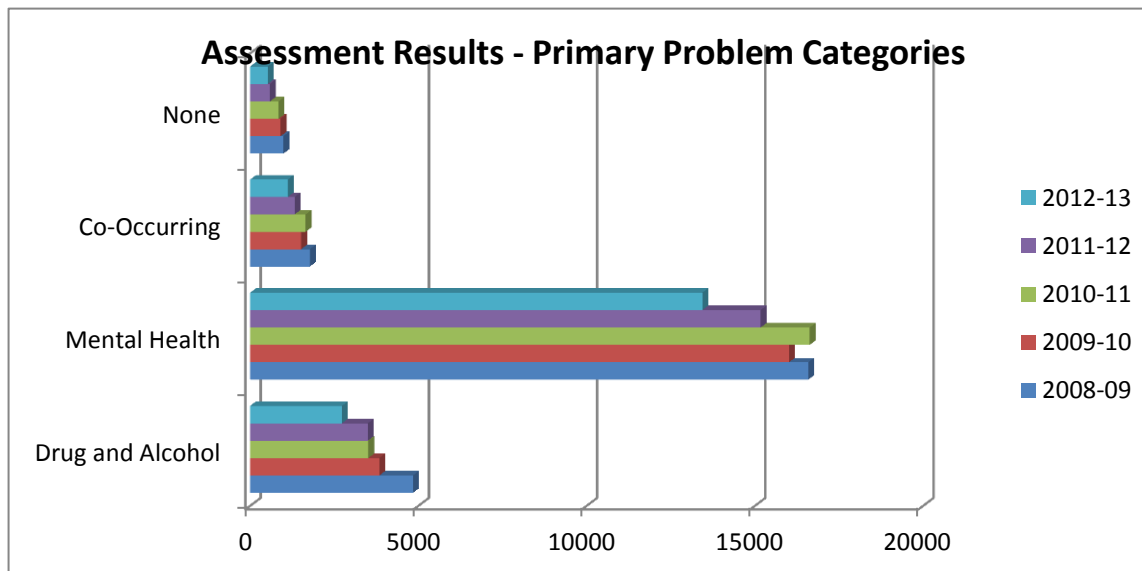


## Assessment Results-Primary Problem Categories

Of the 18,999 students that did receive assessments 2,730 or 14.37% were determined to have a primary problem of Drug and Alcohol issues; 13,437 or 70.72% were determined to have a primary problem of Mental Health issues; 1,116 or 5.87% were determined to have a primary problem of Co-Occurring issues; and 523 or 2.75% had none of these issues. (See chart below.)

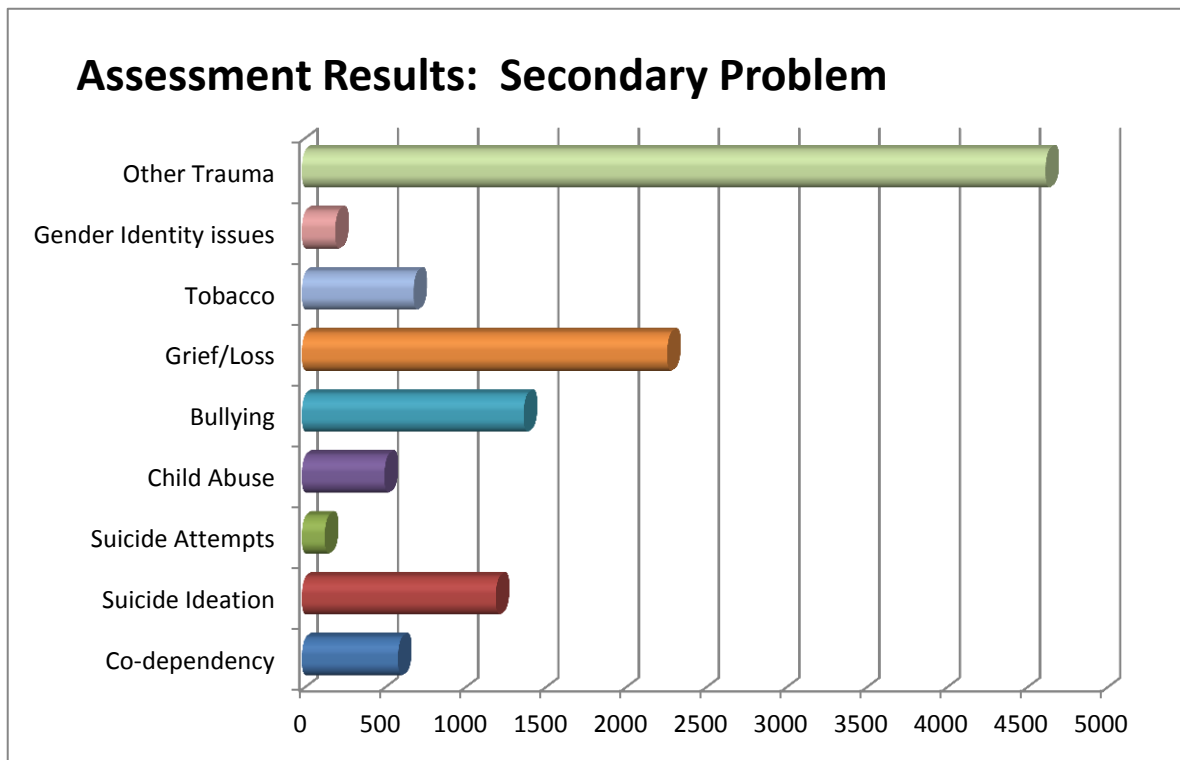


Assessment Type Received by Year	D&A	MH	Co-Oc	None
2008-09	4,838	16,585	1,774	996
2009-10	3,840	16,015	1,514	910
2010-11	3,513	16,631	1,652	848
2011-12	3,501	15,173	1,322	593
2012-13	2,730	13,437	1,116	523



### **Assessment Results: Secondary Problem Category Data**

Of the 18,999 students that received a primary problem diagnosis, also identified were secondary problems. For students who had secondary problems, the following areas were identified: Co-dependency issues - 599; Suicide Ideation - 1,208; Suicide Attempts - 143; Child Abuse 515; Bullying - 1,382; Grief/Loss - 2,276; Tobacco use - 696; Gender Identity issues - 208; Other Trauma - 4,633. The age of students with secondary problems was 5.45% for students age 9 yrs or younger, 28.26% for students age 10 yrs to 13 yrs old, 61.71% for students age 14 yrs to 17 yrs old and 4.59% for students 18 yrs or older. (See chart below.)

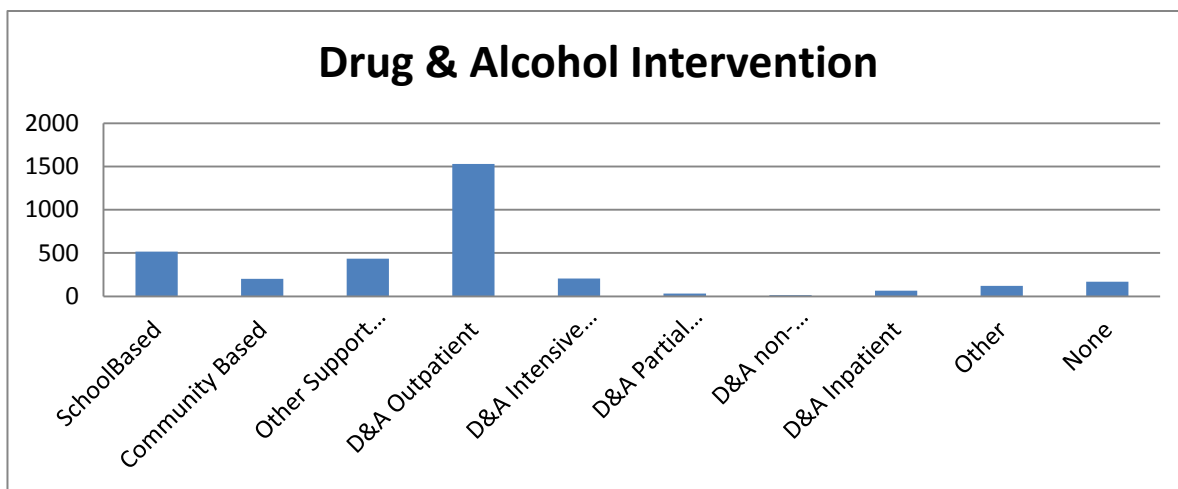


## Referrals to Services

After being identified with a primary problem and any secondary problem issues, the student is referred to school and community based drug and alcohol or mental health services.

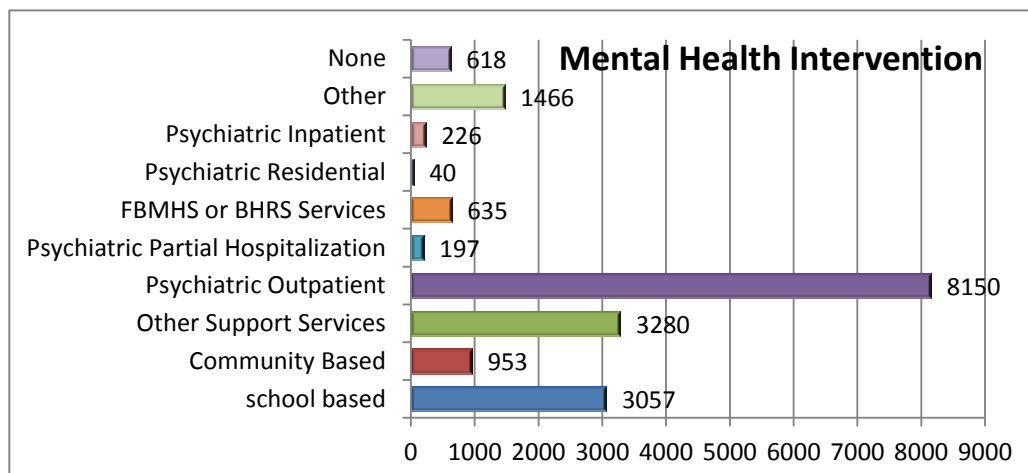
### Drug and Alcohol Referral

Of those students referred to drug and alcohol services 516 students received school based D&A services, 202 received community based D&A services, 433 received other support services, 1,529 received D&A outpatient services, 205 received D&A intensive outpatient services, 32 received D&A partial hospitalization, 15 received D&A non-hospital rehab, 65 received D&A inpatient treatment, 122 received other D&A services and 169 received no services. (See Below Chart)



### Mental Health Referral

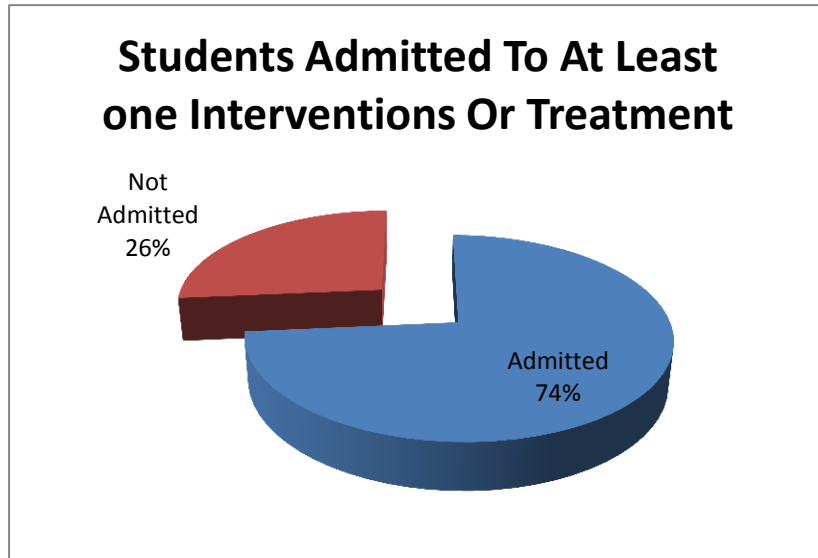
Of those students referred to mental health services 3,057 students received school based MH services, 953 received community based MH services, 3,280 received other support services, 8,150 received MH psychiatric outpatient services, 197 received psychiatric partial hospitalization, 635 received FBMHS or BHRS services, 40 received psychiatric residential, 226 received psychiatric inpatient, 1,466 received other MH services and 618 received none or no services. (See Below Chart)



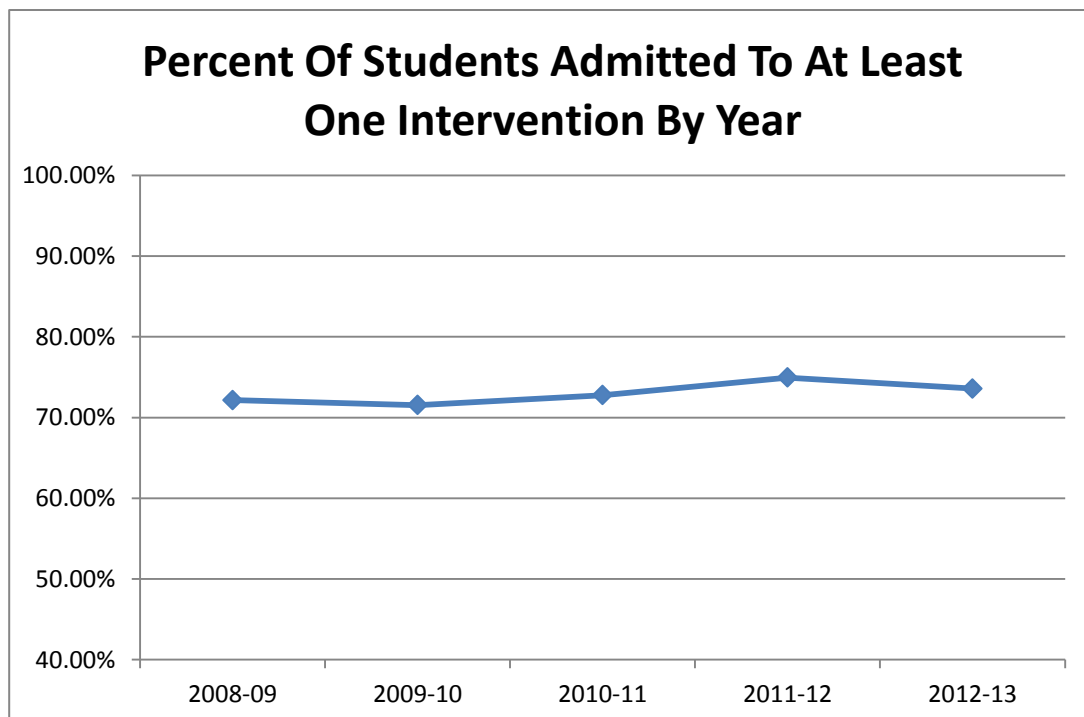
## Referral Outcome Data

### Referred and Admitted to Services

It was reported by the private providers that 14,002 or 73.6% of students referred were admitted to at least one of the interventions or treatment options recommended and 5,028 or 26.4% of students were not admitted to at least one of the intervention or treatment options by category



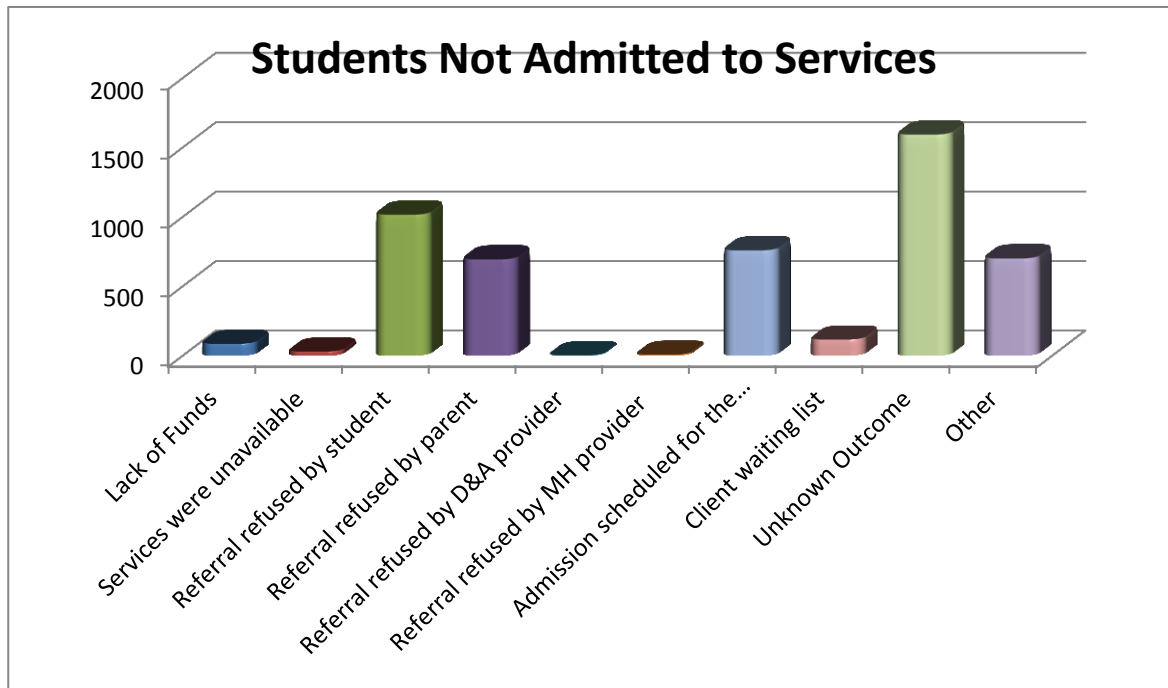
	2008-09	2009-10	2010-11	2011-12	2012-13
<b>Admitted</b>	18081	16406	17184	16114	14002
<b>Not Admitted</b>	6977	6523	6432	5384	5028
<b>Total</b>	25058	22929	23616	21498	19030
<b>% Admitted To At Least One Intervention</b>	72.16%	71.55%	72.76%	74.96%	73.58%



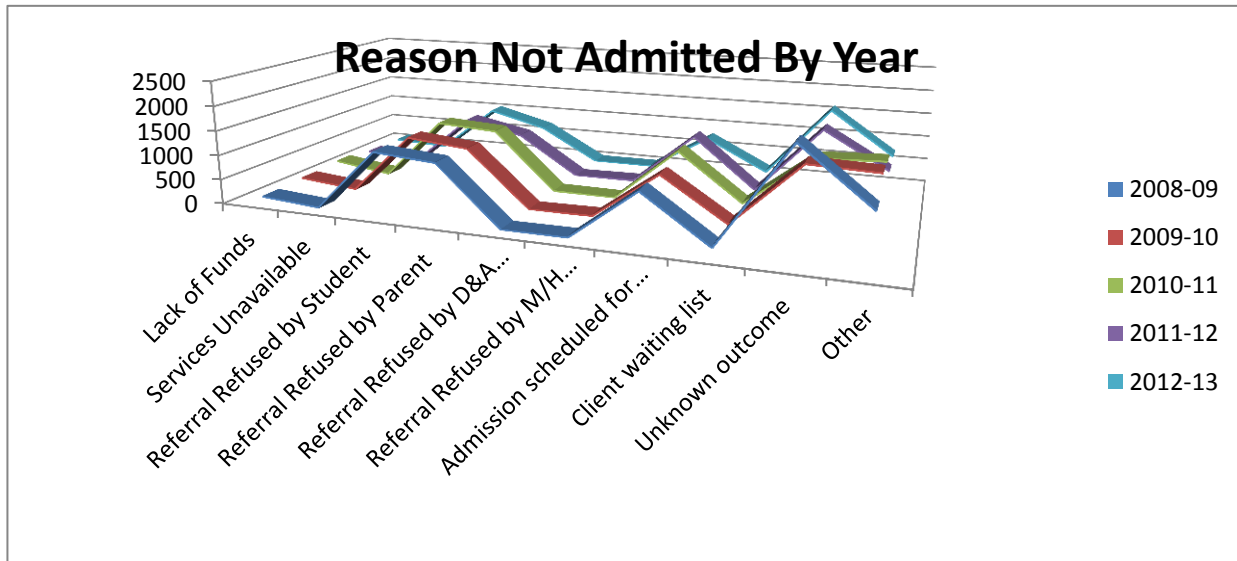


## **Referred and Not Admitted to Services**

Providers reported that 5,028 or 26.4% were not admitted to at least one of the recommended interventions or treatment option during the quarter reported for the following reasons: Lack of Funds—87; Services were unavailable—32; Referral refused by student—1,019; Referral refused by parent—697; Referral refused by D&A provider—4; Referral refused by MH provider—9; Admission scheduled for the following quarter—762; Client waiting list—118; Unknown Outcome—1,596 and Other—704 (See below chart).



<b>Reason Not Admitted By Year</b>	<b>2008-09</b>	<b>2009-10</b>	<b>2010-11</b>	<b>2011-12</b>	<b>2012-13</b>
Lack of Funds	103	141	186	96	87
Services Unavailable	13	29	19	18	32
Referral Refused by Student	1267	1250	1271	1065	1019
Referral Refused by Parent	1174	1133	1197	811	697
Referral Refused by D&A Provider	9	8	19	3	4
Referral Refused by M/H Provider	16	23	7	23	9
Admission scheduled for following qt.	1026	978	1108	1102	762
Client waiting list	145	151	166	73	118
Unknown outcome	2124	1426	1201	1466	1596
Other	1100	1384	1258	727	704
<b>Total</b>	<b>6977</b>	<b>6523</b>	<b>6432</b>	<b>5384</b>	<b>5028</b>



### Consultation Data

Providers reported that 42,089 core team consultations were attended by their SAP liaisons and that liaisons participated in 46,107 parent/teacher consultations during the 2012-2013 reporting year. It was also reported that 229 liaisons were SAP trained by a Commonwealth Approved Trainer during the 2012-2013 reporting year.