



Student Assistance Program FY-2014 - 2015 Mental Health-Drug and Alcohol Statistical Data

This report provides a statistical profile of the FY-2014 - 2015 Pennsylvania Network for Student Assistance Services – Student Assistance Program (SAP) screening, assessment, consultation and treatment services delivered by Pennsylvania’s Department of Human Services (DHS) - Office of Mental Health and Substance Abuse Services (OMHSAS), and Department of Drug and Alcohol Programs (DDAP) - Division of Prevention and Intervention through its network of 48 County Mental Health/Intellectual Disabilities Programs, 47 Single County Authorities (SCAs), and contracted providers.

The Student Assistance Program (SAP), which operates in all 500 school districts throughout the Commonwealth, is designed to identify and intervene with students in the early stages of substance abuse, mental health and other problem behaviors, which affect the students health and academic performance. Core teams composed of school personnel and community professionals from the fields of drug and alcohol and mental health, serve as the point of contacts to provide consultations for students and their families’ and determine if an assessment is warranted to further evaluate the need for school and community based treatment and support services. When a student is referred for assessment to an approved SAP provider and findings indicate that the student is experiencing a mental health or substance abuse problem, a referral is made to get appropriate treatment and support services for the student. Core teams continue to monitor students’ behavior and progress, through teacher reports and parent involvement and provide subsequent interventions accordingly.

The reporting system from which a majority of the data is drawn is in its seventh year of data collection. Having historical data allows for year to year comparisons to aid in identifying trends. In addition to conducting comparative analysis, historical data provides insight as to whether data is consistently reported year to year. The report includes graphs of historical comparative data which function as an effective tool to present information quickly and easily and allow users to have a visual representation of trends.

Data collection methodology was adjusted starting with the 2012-2013 collection. A new data element was introduced which counted the number of screenings excluding the number of referrals. The number of referrals may have included screens prior to the 2012-2013 reporting year resulting in higher total for reported referrals. For the 2012-2013 reporting effort a total of 12,154 screenings, 2013-14 a total of 13,865 total screenings , and 2014-15 resulted in 14,477 screenings reported.

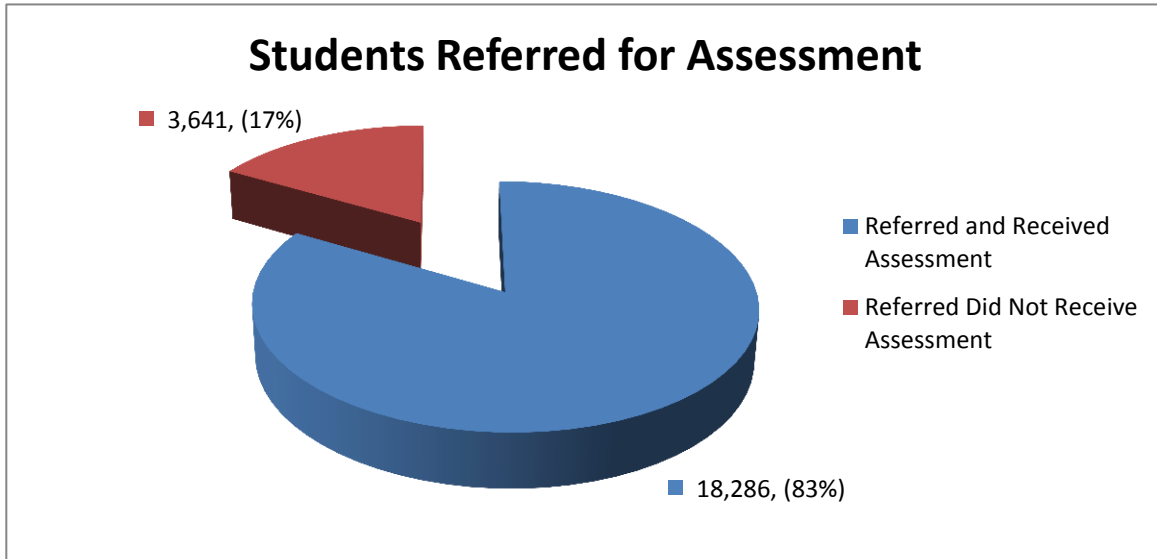
Since data has been collected on the current reporting application, there has been a consistent trend of the number of students referred for assessment declining every year. From a high of 29,184 students referred for the 2008-2009 reporting year, to a low of 20,038 reported for 2013-14, this year's report has reversed the trend with 21,927 students reported this year resulting in 1,889 more referrals reported in the past year.

Total number of parent teacher consultations that the liaisons participated has jumped from: 44,352 reported for 13-14 to 51,605 reported this year.

The number of liaisons that have been SAP trained by a CAT trainer has become significantly larger over the past three years. 2012-2013=229, 2013-2014= 315, 2014-2015= 413. This number has almost doubled in the past three years.

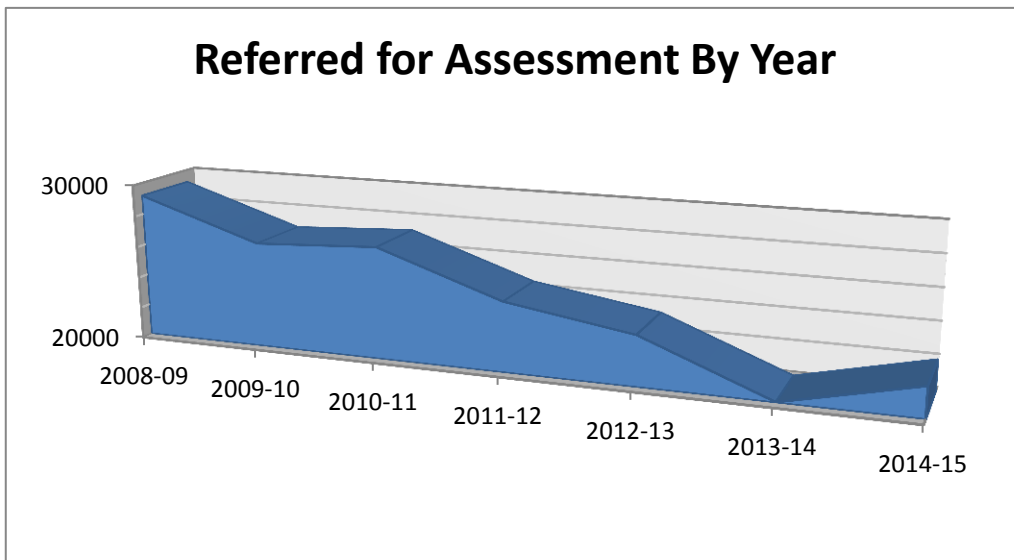
Students Referred for Assessment

In FY 14/15, 63,931 students state wide were referred to school SAP core teams. Of those students 21,927 students were referred for drug and alcohol or mental health assessments. Of those students referred for assessment, 18,286 or 83.39% were assessed and 3,641 or 16.61% were not assessed. (See chart below.)



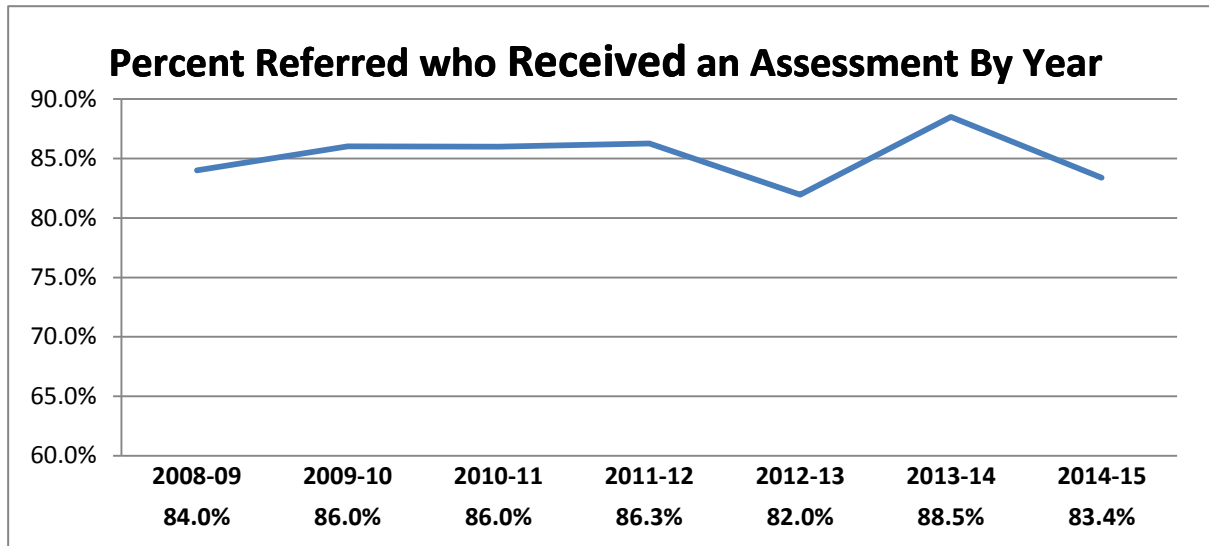
Students Referred for Assessment Year by Year Comparison

The total number of students referred for assessment for the 2008-2009 reporting year was 29,184, 2009-2010 consisted of 26,681 referrals, 2010-2011 had 27,091 student referrals, 2011-2012 had 24,420 referrals, 2012-2013 had 23,178 referrals, 2013-2014 resulted in 20,038 referrals and 2014-2015 totaled 21,927.



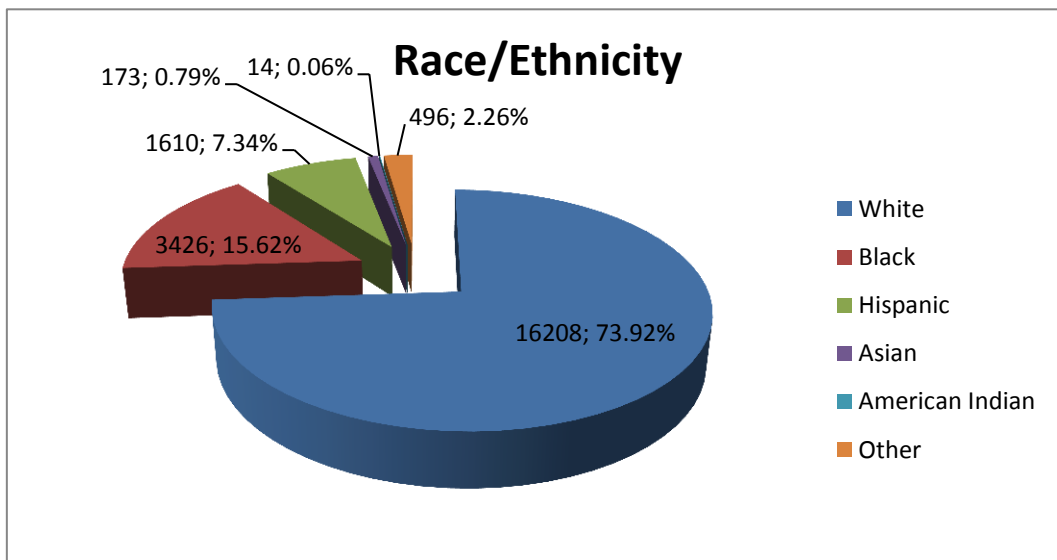
Percent Referred for Assessment Year by Year Comparison

Though total numbers of referrals has alternated, the percent of students who have been referred and received an assessment has remained within a small range. Historically, of the 172,519 students referred since the 2008-2009 reporting year, 146,839 student referrals resulted in an assessment resulting in 85.1% of all students being assessed over the past seven years.



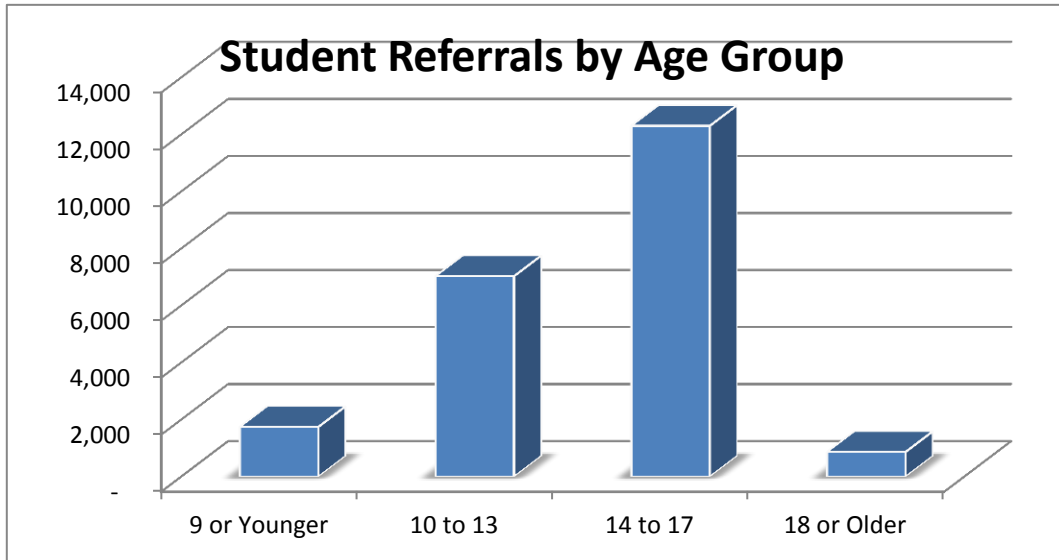
Race/Ethnicity

The Race/Ethnicity of students referred for assessment were 16,208 White (Non-Hispanic), 3,426 Black (Non-Hispanic), 1,610 Hispanic, 173 Asian, 14 American Indian and 496 reporting Other Race. (See chart below.)



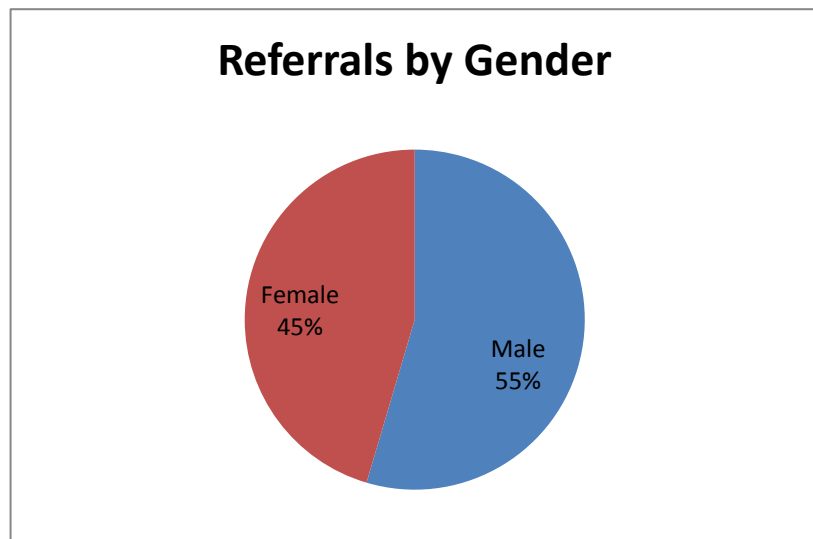
Age Group

The Age group of students referred for assessment was 1,739 or 7.93% for students age 9 yrs or younger; 7,027 or 32.05% for students age 10 yrs to 13 yrs old; 12,299 or 56.09% for students age 14 yrs to 17 yrs old; and 862 or 3.93% for students age 18 yrs old or older. (See chart below.)



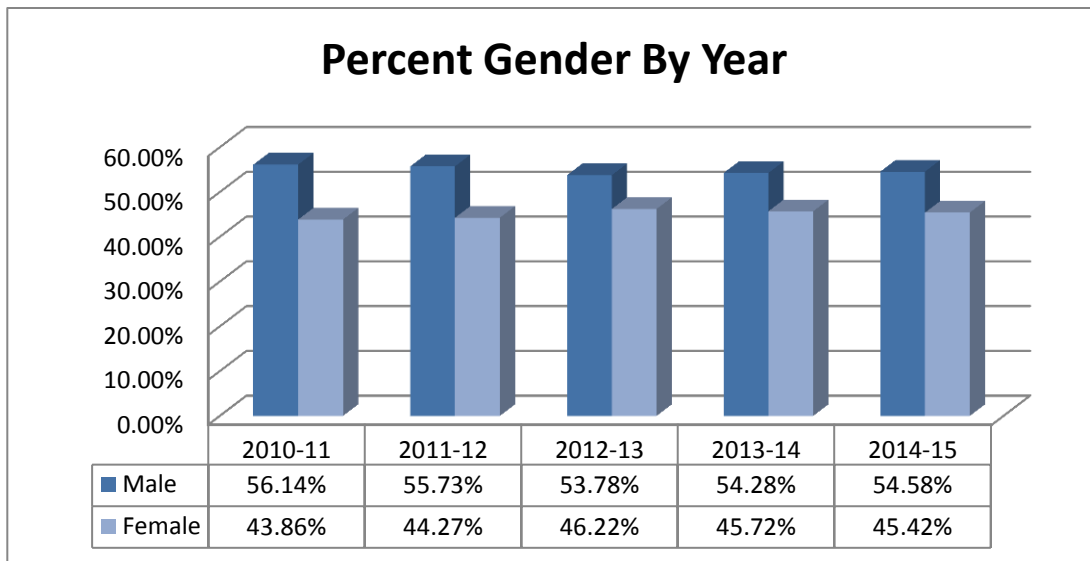
Referrals by Gender

The Gender make up of students referred for assessment was 11,967(54.58%) Male and 9,960 (45.42%) Female.



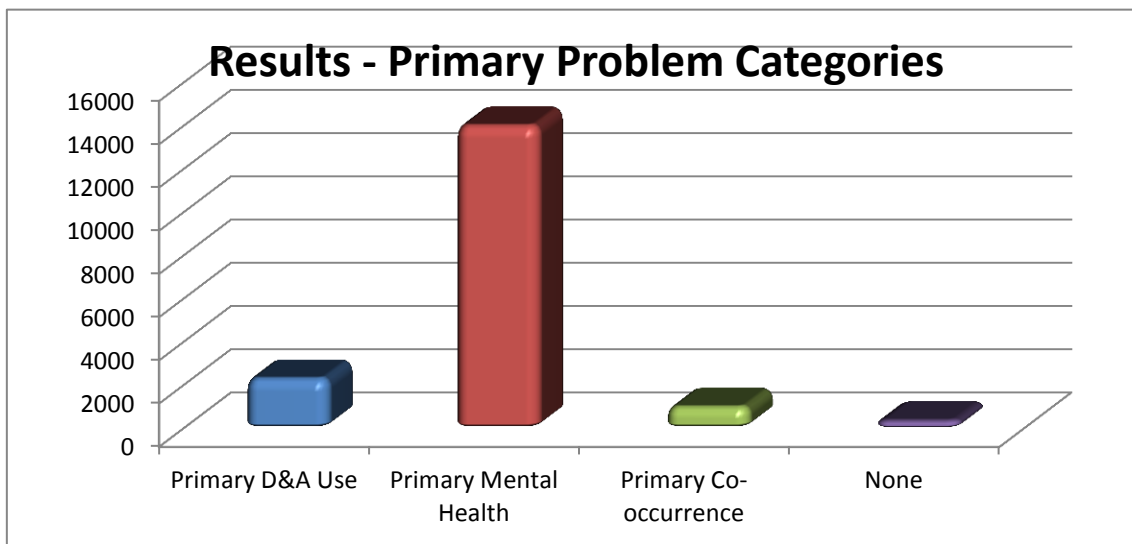
Historical Comparison of Referrals by Gender

The percent of males and females referred for assessment was consistent throughout the 2008-2015 timeframe with 55.3% of referrals consisting of male students and 44.7% comprised of female students.

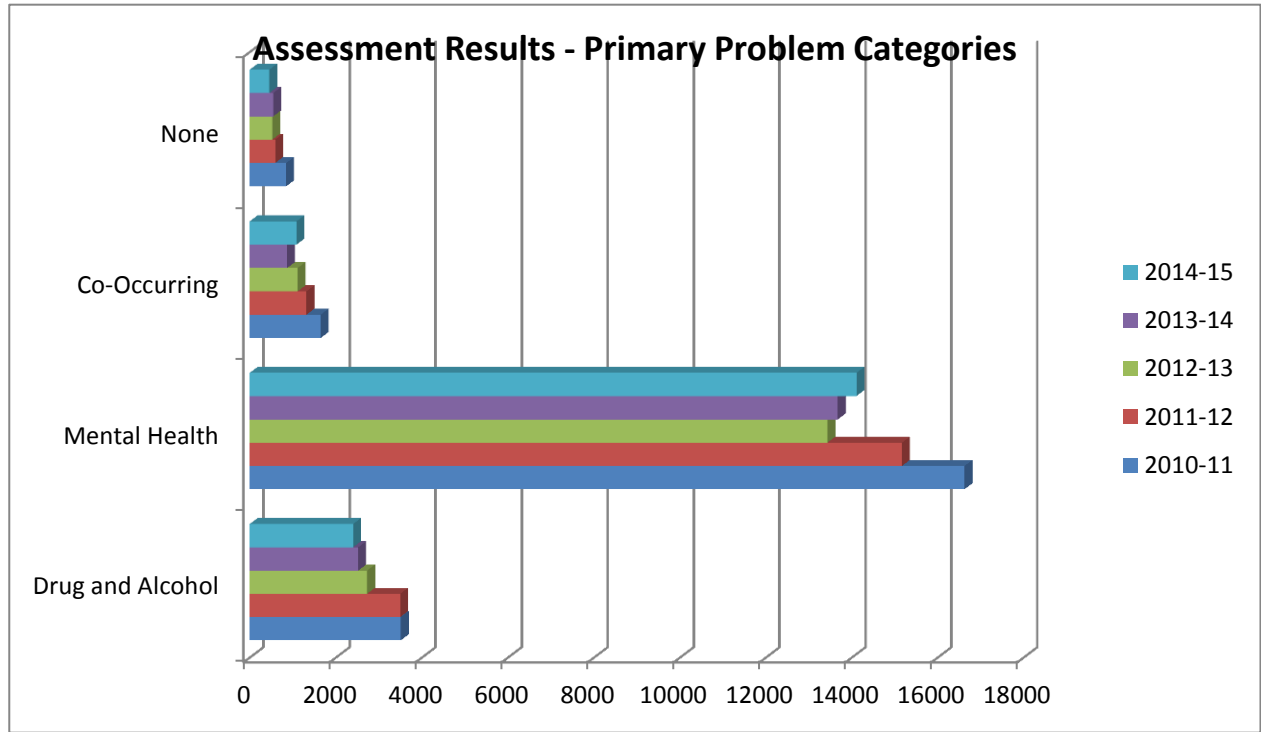


Assessment Results-Primary Problem Categories

Of the 18,286 students that did receive assessments 2,404 or 13.15% were determined to have a primary problem of Drug and Alcohol issues; 14,111 or 77.17% were determined to have a primary problem of Mental Health issues; 1088 or 5.95% were determined to have a primary problem of Co-Occurring issues; and 455 or 2.49% had none of these issues. (See chart below.)

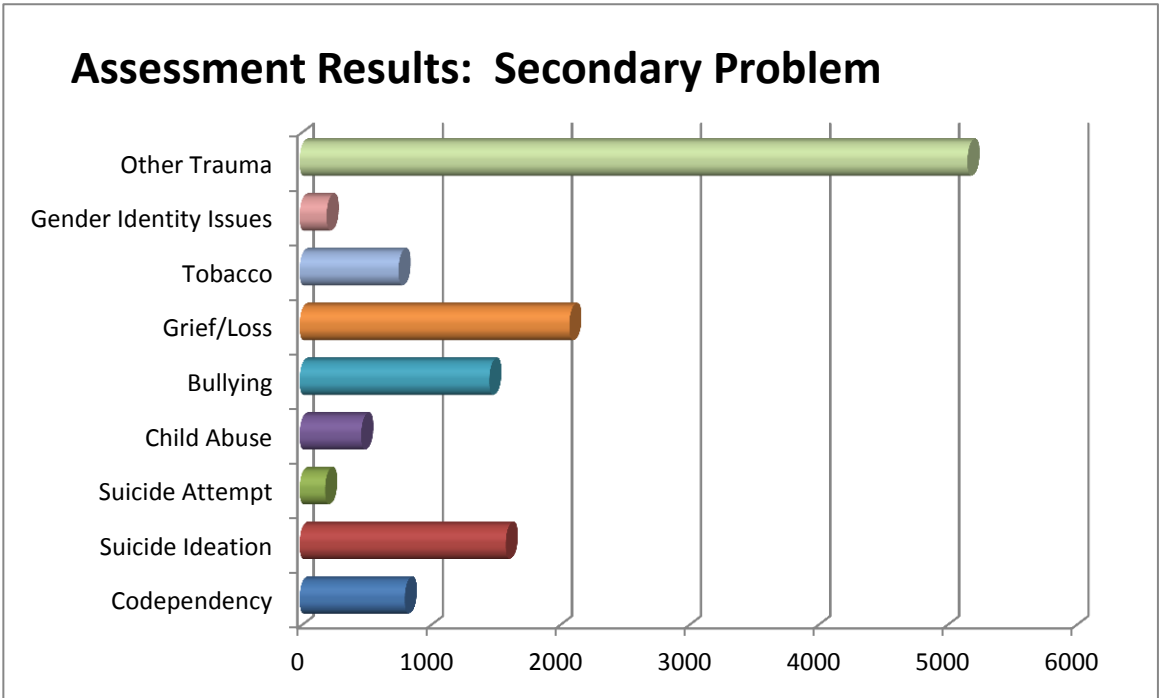


| Assessment Results - Primary Problem Categories | D&A | MH | Co-Oc | None |
|---|--------------|---------------|--------------|------------|
| 2010-11 | 3,513 | 16,631 | 1,652 | 848 |
| 2011-12 | 3,501 | 15,173 | 1,322 | 593 |
| 2012-13 | 2,730 | 13,437 | 1,116 | 523 |
| 2013-14 | 2,524 | 13,678 | 872 | 546 |
| 2014-15 | 2,404 | 14,111 | 1,088 | 455 |



Assessment Results: Secondary Problem Category Data

Of the 18,286 students that received a primary problem diagnosis, also identified where secondary problems. For students who had secondary problems, the following areas were identified: Co-dependency issues - 814; Suicide Ideation - 1,596; Suicide Attempts - 197; Child Abuse 477; Bullying - 1,469; Grief/Loss - 2,089; Tobacco use - 766; Gender Identity issues - 209; Other Trauma - 5,173. The age of students with secondary problems was 7.58% for students age 9 yrs or younger, 32.60% for students age 10 yrs to 13 yrs old, 55.78% for students age 14 yrs to 17 yrs old and 4.04% for students 18 yrs or older. (See chart below.)

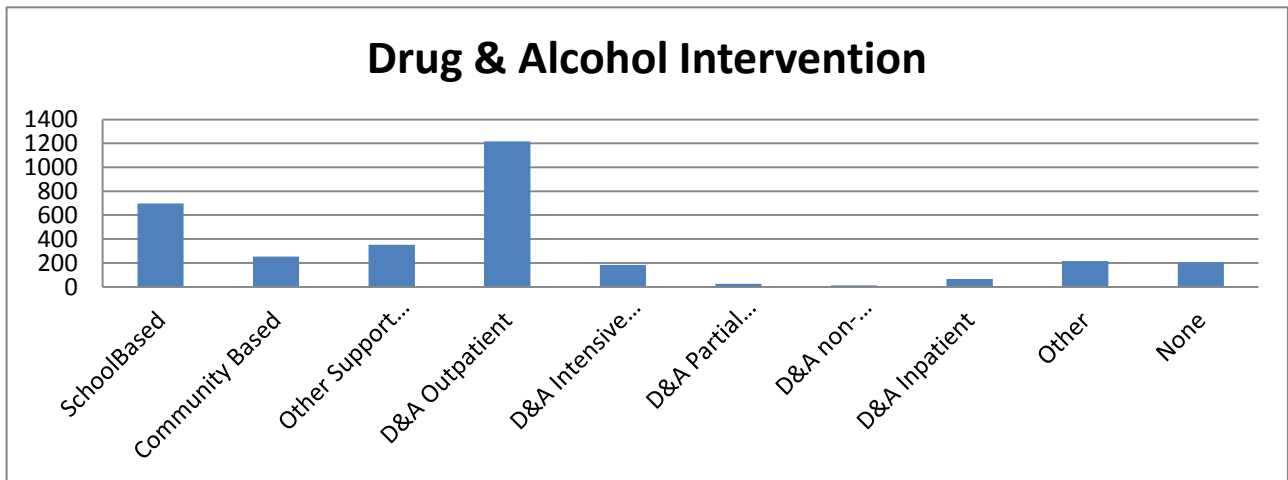


Referrals to Services

After being identified with a primary problem and any secondary problem issues, the student is referred to school and community based drug and alcohol or mental health services.

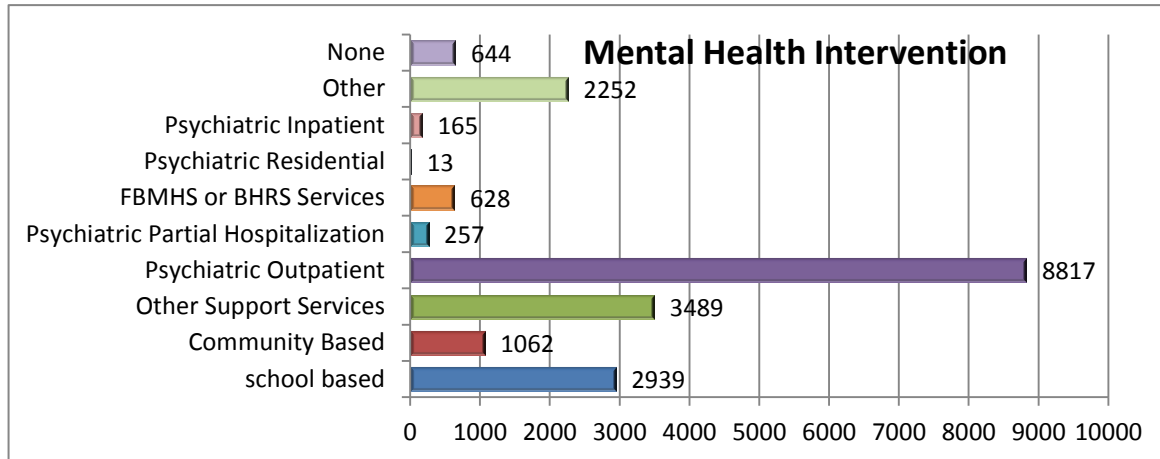
Drug and Alcohol Referral

Of those students referred to drug and alcohol services 697 students received school based D&A services, 252 received community based D&A services, 353 received other support services, 1,216 received D&A outpatient services, 183 received D&A intensive outpatient services, 27 received D&A partial hospitalization, 13 received D&A non-hospital rehab, 65 received D&A inpatient treatment, 215 received other D&A services and 205 received no services. (See Below Chart)



Mental Health Referral

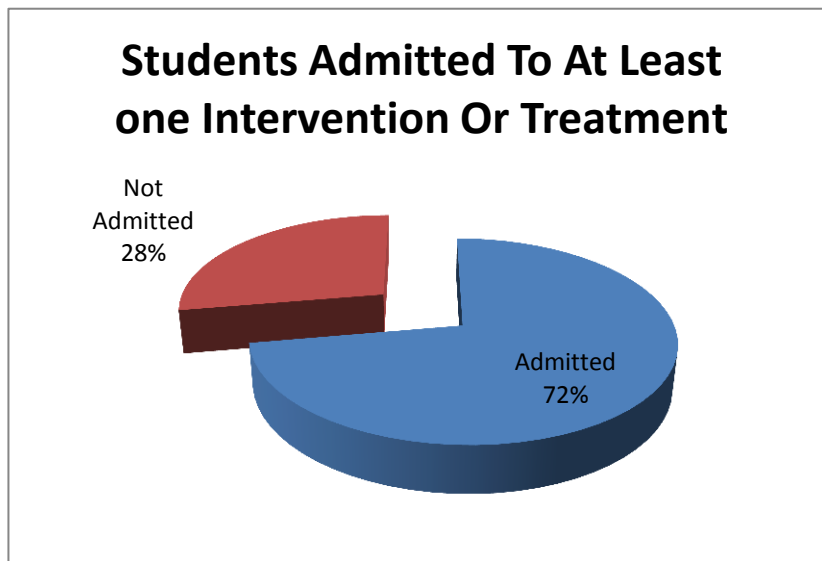
Of those students referred to mental health services 2,939 students received school based MH services, 1,062 received community based MH services, 3,489 received other support services, 8,817 received MH psychiatric outpatient services, 257 received psychiatric partial hospitalization, 628 received FBMHS or BHRHS services, 13 received psychiatric residential, 165 received psychiatric inpatient, 2,252 received other MH services and 644 received none or no services. (See Below Chart)



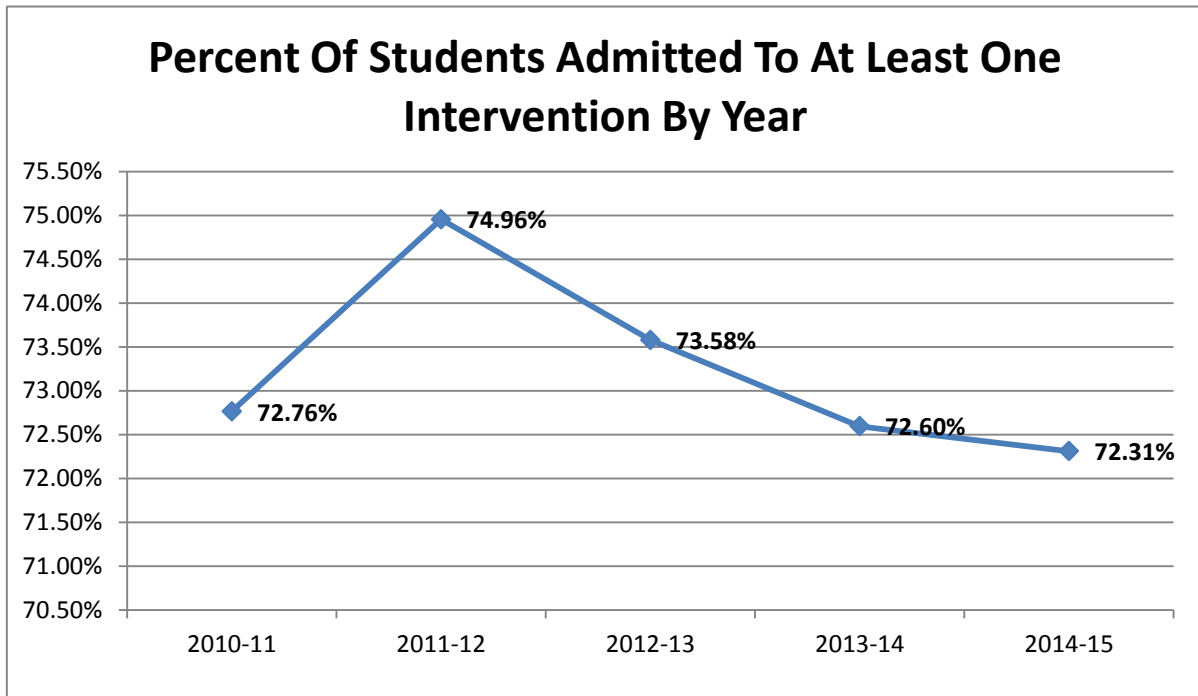
Referral Outcome Data

Referred and Admitted to Services

It was reported by the private providers that 14,763 or 72.6% of students referred were admitted to at least one of the interventions or treatment options recommended and 5,653 or 27.4% of students were not admitted to at least one of the intervention or treatment options by category

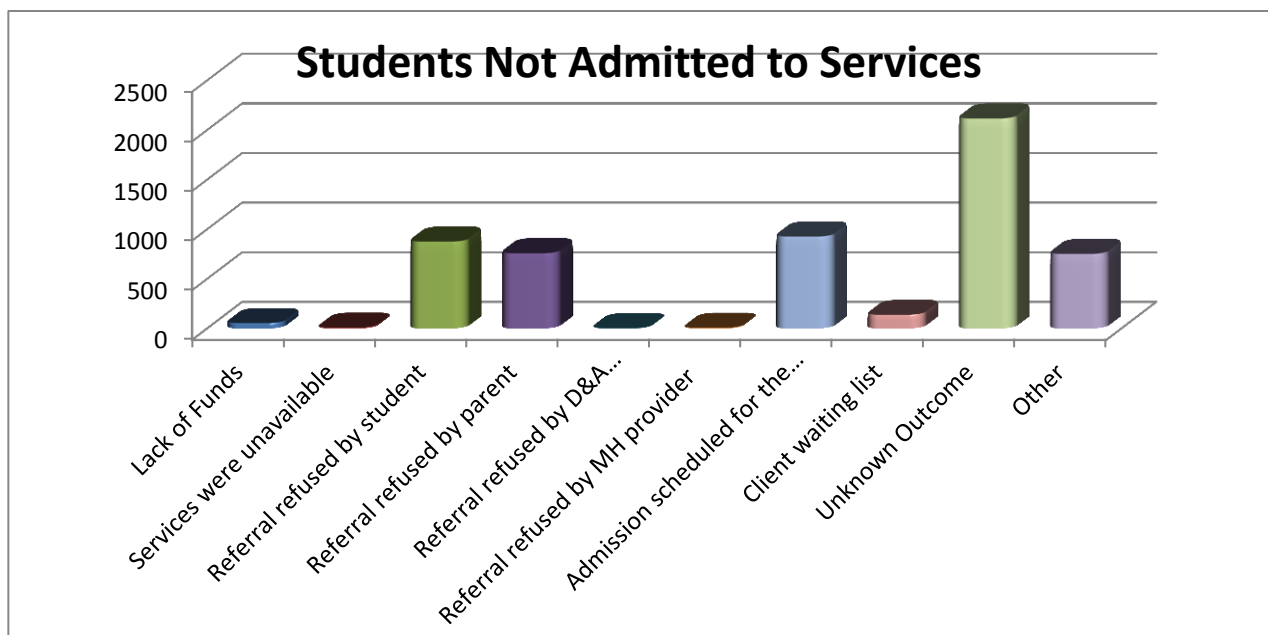


| | 2010-11 | 2011-12 | 2012-13 | 2013-14 | 2014-15 |
|--|---------|---------|---------|---------|---------|
| Admitted | 17,184 | 16,114 | 14,002 | 13,497 | 14,763 |
| Not Admitted | 6,432 | 5,384 | 5,028 | 5,095 | 5,653 |
| Total | 23,616 | 21,498 | 19,030 | 18,592 | 20,416 |
| % Admitted To At Least One Intervention | 72.76% | 74.96% | 73.58% | 72.60% | 72.31% |

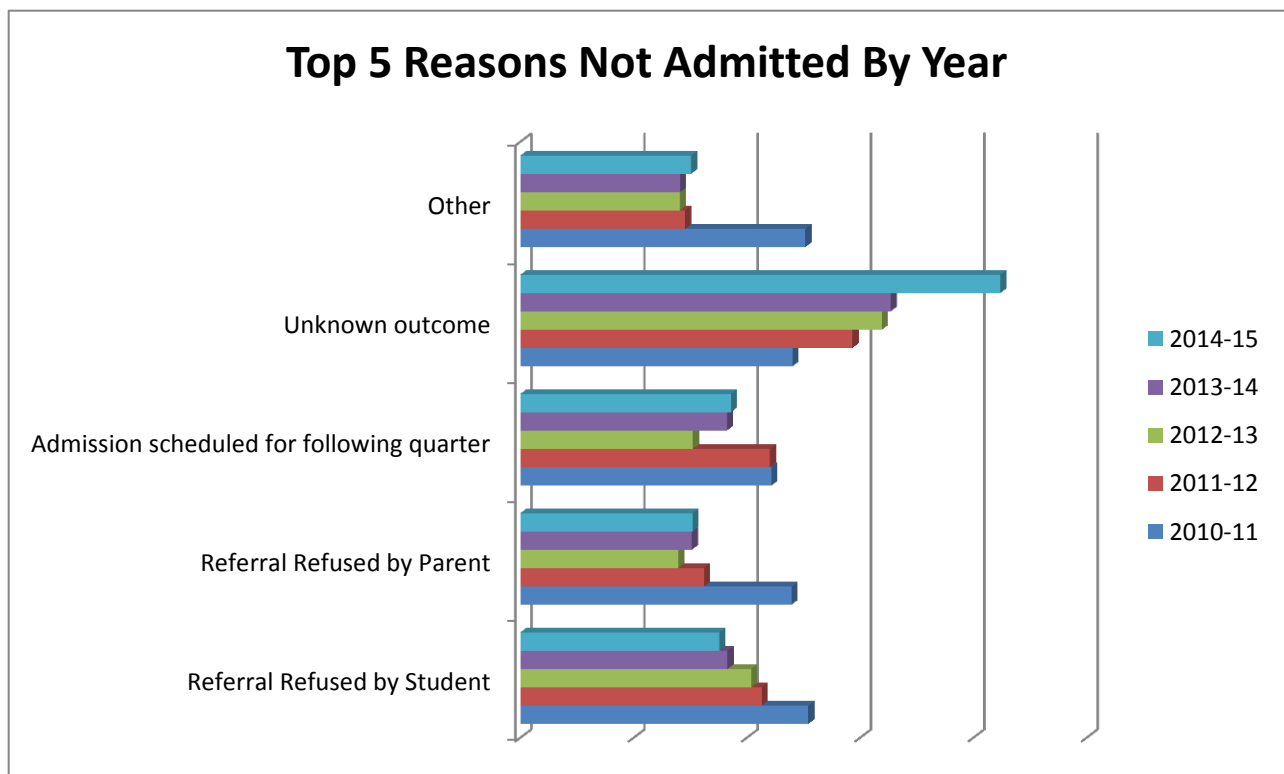


Referred and Not Admitted to Services

Providers reported that 5,653 or 27.7% were not admitted to at least one of the recommended interventions or treatment option during the quarter reported for the following reasons: Lack of Funds—56; Services were unavailable—9; Referral refused by student—878; Referral refused by parent—760; Referral refused by D&A provider—3; Referral refused by MH provider—7; Admission scheduled for the following quarter—929; Client waiting list—138; Unknown Outcome—2,119 and Other—754 (See below chart).



| Reason Not Admitted By Year | 2010-11 | 2011-12 | 2012-13 | 2013-14 | 2014-15 |
|--|-------------|-------------|-------------|-------------|-------------|
| Lack of Funds | 186 | 96 | 87 | 76 | 56 |
| Services Unavailable | 19 | 18 | 32 | 9 | 9 |
| Referral Refused by Student | 1271 | 1065 | 1019 | 915 | 878 |
| Referral Refused by Parent | 1197 | 811 | 697 | 757 | 760 |
| Referral Refused by D&A Provider | 19 | 3 | 4 | 2 | 3 |
| Referral Refused by M/H Provider | 7 | 23 | 9 | 3 | 7 |
| Admission scheduled for following qtr. | 1108 | 1102 | 762 | 912 | 929 |
| Client waiting list | 166 | 73 | 118 | 81 | 138 |
| Unknown outcome | 1201 | 1466 | 1596 | 1635 | 2119 |
| Other | 1258 | 727 | 704 | 705 | 754 |
| Total | 6432 | 5384 | 5028 | 5095 | 5653 |



Consultation and Training Data

Providers reported that 41,868 core team consultations were attended by their SAP liaisons and that liaisons participated in 51,605 parent/teacher consultations during the 2014-2015 reporting year. It was also reported that 413 liaisons were SAP trained by a Commonwealth Approved Trainer during the 2014-2015 reporting year.